



# Covell Care & Rehabilitation

## Everything you need to know about us...

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| <b>What do we do?</b>   | Provide in-home outpatient services to help people remain independent and safe in their home or out in the community. We tailor our services to meet individual needs.   |
| <b>Who provides services?</b>   | Physical Therapists, Occupational Therapists, Speech Therapists, Fitness Trainers, and Licensed Clinical Social Workers.   |
| <b>Why outpatient?</b>  | Outpatient therapy and services help maintain current functioning and decrease/prevent a decline in most people.   |
| <b>Where do I receive services?</b>   | You can receive services in your home or senior living community, in one of our clinics, or in a community setting.  |
| <b>How do I get things started?</b>   | Give us a call and we will answer your questions, obtain physician orders, and check your insurance to get the ball rolling.   |
| <b>Who pays for it?</b>   | Medicare, Medicaid, and other insurance cover physical, occupational, and speech therapy services as well as licensed clinical social work. All other services are private pay.  |
| <b>When do you need our services?</b><br><br><i>*Top 10 reasons people come to us</i> | <ol style="list-style-type: none"><li>1. Discharged from home health services</li><li>2. Incontinence issues (bowel and bladder)</li><li>3. Driving Rehabilitation (off-road assessment)</li><li>4. Recent fall/hospitalization/post-operative orthopedic surgery</li><li>5. A decline in ADL's (Activities of Daily Living)</li><li>6. Cognitive/Memory Impairments</li><li>7. Strength, endurance, and balance decline with mobility</li><li>8. Home safety assessment/home modification evaluation</li><li>9. Depression and anxiety</li><li>10. Difficulty with organization, sequencing thoughts</li></ol>  |
| <b>Things to Remember:</b>  | <ul style="list-style-type: none"><li>★ You <i>do not</i> need to be considered 'homebound' to receive our services.</li><li>★ Physical therapy can be initiated without a physician's order (Direct Access in Colorado).</li><li>★ Outpatient therapy generally lasts longer than home health episodes and patients come on/off services as needed. Covell will assist in monitoring your insurance caps throughout.</li><li>★ Medicare pays 80% of outpatient, with your supplemental insurance normally picking up the additional 20%. There is never a guarantee with insurance and we always check benefits prior to starting services.</li></ul> |